



Government of India  
Ministry of Chemicals & Fertilizers  
Department of Pharmaceuticals

# Jan Aushadhi VARTA



EDITION 41

29th December 2025

NEWSLETTER

Hon'ble  
Union Minister of  
Health & Family Welfare  
and Chemicals and  
Fertilizers,  
Shri Jagat Prakash  
Nadda highlights the

**Jan Aushadhi  
Revolution**



## **Affordable Healthcare is the keystone of the Modi Government's Vision**

Hon'ble **Union Minister of Health & Family Welfare and Chemicals and Fertilizers, Shri Jagat Prakash Nadda** inaugurated AMRIT (Affordable Medicines and Reliable Implants for Treatment) Pharmacy's 10th Anniversary celebrations at Bharat Mandapam, in New Delhi on November 15, 2025.

Addressing the gathering at Bharat Mandapam, Hon'ble Union Minister Shri Jagat Prakash Nadda highlighted the government's continued efforts to move toward universal health coverage. He emphasized that schemes like Jan Aushadhi have significantly reduced the financial burden on patients over the last decade. Also offering life-saving drugs and medical devices at discounts ranging from 50% to 80% significantly easing the financial burden on patients.

Hon'ble Union Minister further said, "If we look back, it was in 2014 when Prime Minister Modi took office that we decided to make healthcare accessible, affordable and equitable. With this vision, we launched two programs: AMRIT and Jan Aushadhi. Both initiatives aim to provide essential medicines at affordable rates, including those for oncology, cardiology and other specialized treatments, along with the necessary medical devices".



Total Number of  
Kendras =  
**17610**  
(till 30.11.2025)



Total Sales crossed  
**Rs 1409.32 Crore**  
in this Financial Year  
2025-26 (till 30.11.2025)



Estimated Savings Approx.  
of **Rs 5637.28 Crore** to  
Citizens in this Financial Year  
2025-26 (till 30.11.2025)



Sales of  
November 2025 is  
**Rs 164.17 Crore**

7<sup>th</sup> November, 2025

# HIGHLIGHTS



## Department of Pharmaceuticals Honors 150 Years of "Vande Mataram"



On November 7, 2025, the Department of Pharmaceuticals joined the Nation in a powerful display of unity by participating in the mass singing of "Vande Mataram." This event was part of a year-long celebration organized by the Government of India to honor the 150th anniversary of our National song. Led by Shri Amit Agrawal (IAS), Secretary, DoP, GoI, officers from the Department of Pharmaceuticals stood together to sing, showing their deep respect for India's heritage and patriotic spirit.

Following the singing, the group gathered to watch a live broadcast of the official launch program, which was inaugurated by the Hon'ble Prime Minister. This participation was more than just a ceremony, it was a way for the department to reaffirm its commitment to the values of "Ek Bharat, Shreshtha Bharat." By coming together in song, the team celebrated their shared pride and their collective dedication to serving the nation through their work in the healthcare and pharmaceutical sectors.

08<sup>th</sup> November, 2025

# HIGHLIGHTS



## Clean Work, Healthy India

### PMBI Shines at Swachhata Awards 2025

The Department of Pharmaceuticals held a special event to celebrate cleanliness and hard work. Three organizations were honored with the Swachhata Award for their efforts to keep their workplaces clean and green during the "Swachhata Pakhwada" held from September 1st to 15th, 2025.

The Pharmaceuticals and Medical Devices Bureau of India (PMBI) secured the second prize. This award recognizes PMBI's sustained efforts toward cleanliness, hygiene and environmental responsibility across its offices and Janaushadhi outlets, aligning with the vision of the Swachh Bharat Abhiyan.

The prizes were distributed on November 7, 2025, in a ceremony held to appreciate the hard work of these institutions. Shri Awadhesh Kumar Choudhary, the Senior Economic Adviser for the Department of Pharmaceuticals, handed out the award to Shri Suvasis Das, CEO of PMBI.

During the event, he praised the winning organizations for their "commendable performance." He noted that their efforts go beyond just cleaning—they set an example for how public institutions can contribute to a healthier and more professional environment.



# HIGHLIGHTS



## PMBI Celebrates Constitution Day (Samvidhan Diwas)



On the occasion of **Constitution Day (Samvidhan Diwas)**, the Pharmaceuticals and Medical Devices Bureau of India (PMBI) held a special ceremony to honor the foundation of Indian democracy. The event was led by **Shri Suvasis Das, CEO of PMBI**. He, along with the Employees of PMBI stood together to read the Preamble of the Constitution of India. By reading this Preamble together, the team promised to protect important goals like freedom and treating everyone equally.

During the event, Shri Suvasis Das explained that these values are the foundation of a strong and united country. He encouraged everyone to keep these principles in mind while doing their daily work. The ceremony was a proud moment for the staff, reminding them to work with honesty and to help build a better India for every citizen.

# IN THE NEWS

हि हिन्दुस्तान

Nov 03, 2025

**देहरादून में दून मेडिकल कॉलेज अस्पताल ने मरीजों को सस्ती दवाई उपलब्ध कराने के लिए नई पहल की है। अब मरीजों के पर्चे पर जन औषधि केंद्र के पते दर्ज होंगे, जिससे अस्पताल में नहीं मिलने वाली दवाई आसानी से सस्ती दरों पर उपलब्ध होगी।**

**देहरादून।** दून मेडिकल कॉलेज अस्पताल में मरीजों को सस्ती दवाई उपलब्ध कराने के लिए नई पहल की गई है। अब मरीजों के पर्चे पर ही जन औषधि केंद्र के पते दर्ज होंगे। प्राचार्य डॉक्टर गीता जैन के निर्देश पर पंजीकरण प्रभारी विनोद नैनवाल में यह व्यवस्था करवाई है। पंजीकरण परिचय पर ओपीडी बिल्डिंग तीन नंबर गेट और पांच नंबर गेट पर बने जन औषधि केंद्रों का पता दर्ज किया गया है ताकि अस्पताल में नहीं मिलने वाली दवाई इन केंद्रों से सस्ती दरों पर ली जा सके। उधर चिकित्सा अधीक्षक डॉक्टर आरएस बिह का कहना है कि सभी डॉक्टरों को निर्देशित किया गया है कि वह अस्पताल में नहीं मिलने वाली दवाओं को जन औषधि केंद्र से ही लिखें।

हि हिन्दुस्तान

Nov 05, 2025

**सस्ती दवाओं से मरीजों को मिलेगी राहत : सीएस**

**खूंटी, संवाददाता।** सदर अस्पताल खूंटी में बुधवार को सिविल सर्जन डॉ. नागेश्वर मांझी ने जन औषधि केंद्र का विधिवत उद्घाटन किया। फीता काटकर शुभारंभ किए गए इस केंद्र के उद्घाटन मौके पर बड़ी संख्या में चिकित्सक, स्वास्थ्य कर्मी एवं स्थानीय लोग मौजूद रहे। केंद्र की शुरुआत से जिले के आम मरीजों को गुणवत्तापूर्ण दवाएं कम कीमत पर उपलब्ध कराने की दिशा में महत्वपूर्ण कदम बताया जा रहा है। कार्यक्रम में सिविल सर्जन डॉ. मांझी ने कहा कि जन औषधि केंद्र का उद्देश्य आम जनता को कम कीमत पर गुणवत्तापूर्ण दवाएं उपलब्ध कराना है। उन्होंने बताया कि बाजार मूल्य से लगभग 50 से 90 प्रतिशत कम दाम पर दवाएं यहां उपलब्ध होंगी, जिससे गरीब और मध्यम वर्गीय परिवारों को आर्थिक राहत मिलेगी।



उन्होंने कहा कि अधिकतर मरीज दवाओं के महंगे खर्च के कारण उपचार नहीं करा पाते, लेकिन इस केंद्र से उन्हें बड़ी सुविधा मिलेगी। चौबीसों घंटे सेवा, मरीजों को नहीं भटकना पड़ेगा: सिविल सर्जन ने बताया कि जन औषधि केंद्र 24 घंटे खुला रहेगा। इससे मरीजों एवं उनके परिजनों को दवा खरीदने के लिए रात में बाहर भटकना नहीं पड़ेगा। अस्पताल में भर्ती मरीजों को भी तुरंत दवाएं उपलब्ध हो सकेंगी। उन्होंने चिकित्सकों से अपील की कि वे मरीजों को जन औषधि केंद्र की दवाओं के उपयोग के लिए प्रोत्साहित करें, ताकि योजना का लाभ अधिक से अधिक लोगों तक पहुंचे। चिकित्सकों व अधिकारियों की उपस्थिति: उद्घाटन समारोह में सदर अस्पताल के उपाधीक्षक डॉ. आनंद किशोर उरांव, डॉ. संजय कुजूर, डॉ. नवीन कुमार नवीन, डॉ. विकास भेगरा, डॉ. पुष्पा सिन्हा, डॉ. सुरजीत लकड़ा सहित कई स्वास्थ्य कर्मी और केंद्र के संचालक मौजूद थे। समारोह के अंत में सभी ने केंद्र का निरीक्षण किया और दवाओं की गुणवत्ता सहित व्यवस्था की जानकारी ली। साथ ही संचालक से उच्च गुणवत्ता बनाये रखने और सेवा में किसी प्रकार की लापरवाही नहीं बरतने की अपील की गई।

जागरण

Nov 03, 2025

**उत्तराखंड में 65 स्थानों पर नये जन औषधि केंद्र स्थापित करेगी धामी सरकार, विशेष सत्र के दौरान सदन में हुई चर्चा**



**राज्य ब्यूरो, देहरादून।** कैबिनेट मंत्री गणेश जोशी ने सहकारिता क्षेत्र में भविष्य की योजनाओं को विधानसभा के विशेष सत्र के दौरान सदन में रखा। बताया कि 670 बहुदेशीय प्रारंभिक कृषि ऋण सहकारी समितियां (एमपैक्स) में जन सुविधा केंद्र एवं किसान समृद्धि केंद्र खोले जाएंगे, साथ ही 65 स्थानों पर जन औषधि केंद्र स्थापित किए जाने की योजना है।

जोशी ने बताया कि अन्न भंडारण योजना के अंतर्गत अधिक से अधिक एमपैक्स में न्यूनतम 50 से 1000 मीट्रिक टन क्षमता के गोदामों का निर्माण किया जाएगा। साथ ही प्रदेश की समस्त ग्राम पंचायत स्तर पर तीन वर्ष के अंतर्गत फार्म मशीनरी बैंक की स्थापना की जाएगी।

अमर उजाला

Nov 05, 2025

**Kannauj News: अब जन औषधि केंद्र पर आयुष्मान कार्ड से मिलेगी दवा**



**तालग्राम।** सीएचसी पर आने वाले मरीजों के लिए दवा उपलब्ध न होने पर अब जन औषधि केंद्र से आयुष्मान कार्ड धारकों दवाई मिलेगी। इससे मरीजों को दवाई के लिए धर-उधर भटकना नहीं पड़ेगा। आयुष्मान भारत योजना के तहत इलाज कराने वाले मरीजों को अब दवाई की सुविधा भी पहले से बेहतर होगी।

स्वास्थ्य विभाग के अनुसार डॉक्टर ने मरीज के इलाज के लिए जो दवाइयां लिखकर दी हैं। वह दवाइयां सीएचसी पर उपलब्ध नहीं हैं। अब उसे बाहर के मेडिकल स्टोर से रुपये खर्च कर दवाई नहीं खरीदनी पड़ेगी। मरीज अपना आयुष्मान कार्ड दिखाकर प्रधानमंत्री भारतीय जन औषधि केंद्र से वह दवाई निशुल्क प्राप्त कर सकेगा। सीएचसी प्रभारी डॉ. कुमारिल नैत्रय ने बताया कि यह सुविधा आयुष्मान कार्ड धारक मरीजों को इलाज में आसानी और राहत देने के उद्देश्य से शुरू की गई है।

# IN THE NEWS



Nov 21, 2025

## PMBJP Helps Citizens Save Nearly ₹40,000 Crore in 11 Years

Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP) has led to total savings of nearly 40 thousand crore rupees for the citizens during the last eleven years. The scheme launched by Ministry of Chemicals and Fertilizers, has emerged as one of the most impactful social initiatives. In last eleven years, the number of Jan Aushadhi Kendras have increased by 210 times and the sales have also surged to more than 270 times. At these Jan Aushadhi Kendras, these medicines are sold at prices 50 to 80 percent lower than their branded equivalents, enabling citizens to avail quality healthcare at minimal cost.

Currently nearly 17 thousand Jan Aushadhi Kendras are operational across the country. Under PMBJP, the government has set a target to increase this number to 20 thousand Kendras by March next year and 25 thousand Kendras by March 2027, ensuring that the benefits of this initiative reach even the remotest parts of the nation. Some of the patients who purchased medicines from Jan Aushadhi Kendra located at AIIMS, New Delhi appreciated the government's initiative.

PMBJP's product basket now includes over two thousand medicines and 315 surgical items covering 29 therapeutic categories such as antibiotics, cardiovascular drugs, anti-diabetics, analgesics, and nutritional supplements. From ensuring affordable medicines to empowering entrepreneurs and strengthening rural health infrastructure, PMBJP reflects the Government's vision of "Sabko Sasti Dawa Swasth Bharat Ki Asha."

To maintain the highest standards, all medicines under PMBJP are procured only from World Health Organization-Good Manufacturing Practices (WHO-GMP) certified suppliers and tested at National Accreditation Board for Testing and Calibration Laboratories (NABL) accredited labs. Currently there are five warehouses in the country from where these generic medicines are distributed to the distributors and Jan Aushadhi Kendras after following the procedure of quality check. These warehouses are situated at Gurugram, Chennai, Bengaluru, Guwahati and Surat. Beyond providing affordable medicines, PMBJP has also generated significant self-employment opportunities. The scheme operates on a franchise-based model, allowing entrepreneurs to open Kendras with assured margins and incentives.

IANS live

Dec 30, 2025

## Chamoli: PM Jan Aushadhi scheme brings major relief as residents get quality medicines at low cost

**Chamoli, Nov 21 (IANS)** The Pradhan Mantri Jan Aushadhi scheme has emerged as a major support system for residents of Uttarakhand's Chamoli district, offering access to quality medicines at significantly reduced prices. Launched by the Central government to ensure affordable healthcare across the country, the scheme is showing a strong impact in the region.

In Chamoli, Jan Aushadhi Kendras are helping people save between 50 and 90 per cent on essential medicines.

At the Jan Aushadhi Kendra operating inside the sub-district hospital in Karnaprayag, a large number of patients visit every day to purchase low-cost generic drugs. Locals say the medicines available here are not only economical but also reliable in terms of quality.

Several patients shared that high market prices earlier made it difficult for them to continue treatment, but the Jan Aushadhi outlet has become a lifeline -- enabling them to buy necessary medicines at a fraction of the cost.



Nov 14, 2025

## मध्य प्रदेश के राज्यपाल मंगुभाई पटेल बोले- पीएम मोदी ने कम कीमत में उच्च गुणवत्ता वाली दवाइयां दिलाईं



मध्य प्रदेश के राज्यपाल मंगुभाई पटेल ने एक निजी विश्वविद्यालय के दीक्षांत समारोह में शिरकत की। उन्होंने अपने संबोधन में कहा कि प्रधानमंत्री नरेंद्र मोदी ने जन औषधि केंद्रों के माध्यम से उच्च गुणवत्ता वाली दवाएं कम कीमतों पर उपलब्ध कराईं। पटेल ने कहा कि नसीब में जो है, वह होता है, लेकिन अपने कर्म और परिश्रम से जो मिलता है, उसी में सच्चा आनंद और आत्मिक संतुष्टि है।

उन्होंने विद्यार्थियों से कहा कि दीक्षांत शपथ व्यवहार की मार्गदर्शिका है। उसके अनुसार 365 दिन आचरण करने पर जीवन में सफलता मिलना निश्चित है।

राज्यपाल पटेल ने जन औषधि केंद्रों की स्थापना से हुए लाभ का जिक्र करते हुए कहा कि कई बार महंगी दवा खरीदने में असमर्थ होने पर गरीब व्यक्ति दवा ही नहीं लेता है। प्रधानमंत्री मोदी ने जन औषधि केंद्रों के माध्यम से उच्च गुणवत्ता वाली दवाएं कम कीमतों पर उपलब्ध करा दी हैं। चिकित्सकों से कहा गया है कि रोगियों को जन औषधियों की दवाइयों के सेवन का परामर्श दें। प्रदेश में सभी जिलों, रेडक्रास शाखाओं में जन औषधि केंद्र संचालित हैं। जनजाति बहुल विकास खण्डों में जनजातीय युवाओं के द्वारा जन औषधि स्टोर खोले जा रहे हैं।

NEWS 18

Nov 24, 2025

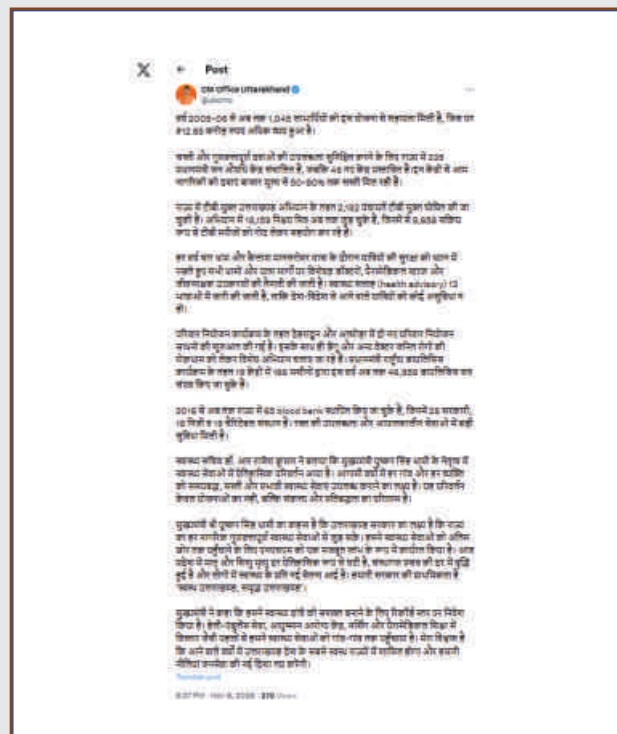
## India's Generic Pharmacy Revolution: Modi Govt's Jan Aushadhi Kendra Sales Jump 177-Fold In 11 Years



A dramatic shift has been unfolding in India's medicine retail ecosystem. Over the past 11 years, the number of Jan Aushadhi Kendras (JAKs) has increased from 80 stores in 2014 to 16,955 as

of October 31, 2025, marking a staggering 210-fold expansion. Even more striking is the scale of business these discount generic pharmacies have begun to command -- sales have jumped by more than 177 times in the same period.

This expansion reflects the growing push behind the Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP), a flagship programme by the Prime Minister Narendra Modi government aimed at providing affordable generic medicines to the masses. The generics sold through these stores are priced at least 50 per cent lower than branded equivalents and, in some cases, offer discounts of up to 80 per cent. While the scheme was launched by then United Progressive Alliance (UPA) government in 2008, it was relaunched and overhauled by the Modi government in 2015.





## Shri Bhagirath Choudhary

Hon'ble Union Minister of State for Agriculture and Farmers Welfare, Govt. of India inaugurated PMBJK

 **Kishangarh (Rajasthan)**

## Dr. Kunwar Vijay Shah

Hon'ble Cabinet Minister of Tribal Affairs, Public Asset Management, Bhopal Gas Tragedy Relief and Rehabilitation, Govt. of Madhya Pradesh inaugurated PMBJK

 **CHC, Khalwa, Khandwa (Madhya Pradesh)**



## Smt. Aditi Singh

Hon'ble Member of Legislative Assembly, Raebareli Sadar, Govt. of Uttar Pradesh inaugurated PMBJK

 **Mansha Devi Temple, Station Road, Raebareli (Uttar Pradesh)**

## Shri S R Vishwanath

Hon'ble Member of Legislative Assembly, Yelahanka, Govt. of Karnataka inaugurated PMBJK

 **3rd phase, Yelahanka, Bengaluru (Karnataka)**

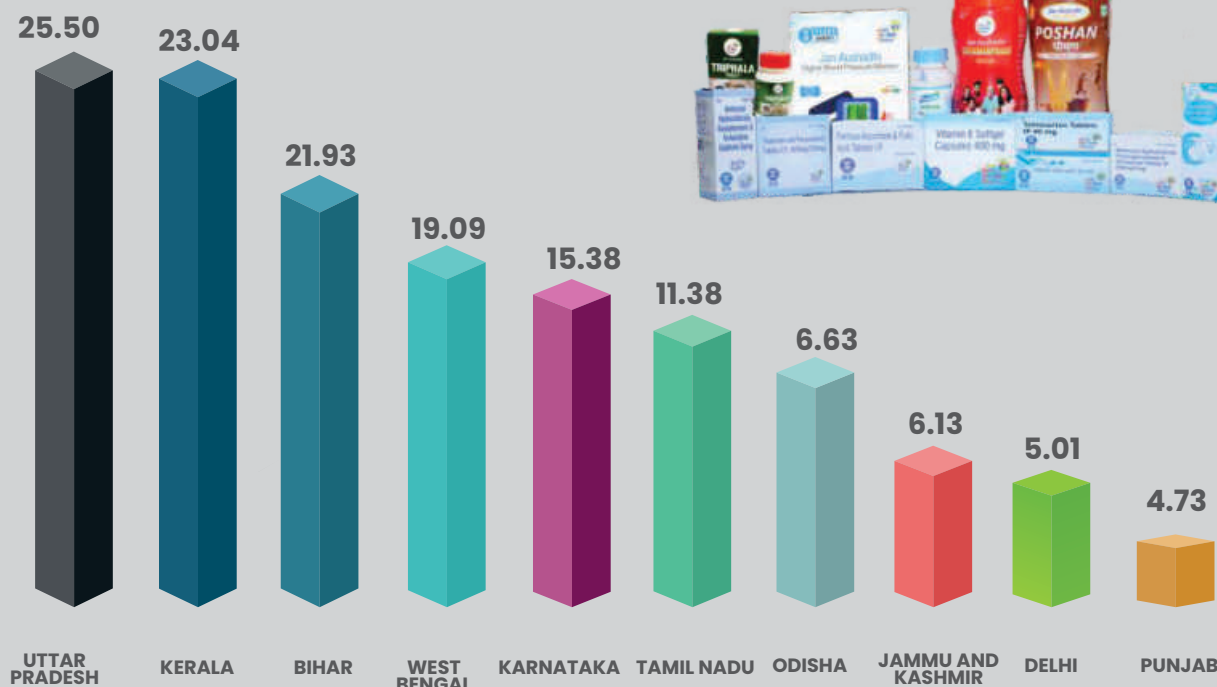


## Best Performing States

in terms of

Sales in Rs. Crores

NOVEMBER



### WELCOMING NEW PARTNERS WHO JOINED PMBI FAMILY IN THE MONTH OF NOVEMBER 2025

PMBJK20479 - Shija Foundation, Langol, Shija Hospital Complex Imphal, Imphal West, Manipur-795004

PMBJK20484 - Neha Kaul Pvt. Shop No.2, on Ground Floor, Property No. WZ-428, Khasra No.495, Gali No.18, Sadh Nagar, Palam C, Delhi-110045

PMBJK20485 - Anjali Batra, Shop No.01, Sector-79, Naurangpur, Manesar, Gurgaon, Gurugram, Haryana-122004

PMBJK20485 - Anjali Batra, Shop No.01, Sector-79, Naurangpur, Manesar, Gurgaon, Gurugram, Haryana-122004

Kanta Sharma - Shop No. 02, Shri Dinkar Vatika, Jamdoli, Agra Road, Rajasthan-302031

PMBJK20495 - Siwani Kumari, Main Road, Maner Bazar, PO/PS- Maner, Bihar-801108

PMBJK20496 - Punya P, 35/313a,14,1 M2, Yas Tower, Kottakal, Ayanikkad Kerala-673521

PMBJK20514 - Sarita Sharma, H. No-55, Near Suraksha Clinic Hetlibandh, Jharria, Dhanbad III, Jharkhand-828111

PMBJK20516 - Ayesha Ejai Shaikh, Shop No. 1, Milkat No. 1327, Shivaji Chowk, Pangaon Road, Renapur, Maharashtra-413527

PMBJK20522 - Aditya Prakash Mishar (Manager), Shop No/Plot No/ Ward No-07, Near Jyoti Petrol Pump, Budhanpur Road, Madhya Pradesh-484334

PMBJK20525 - Rajni Bala, 452 near Dronaacharya Stadium Village Daddumajra Chandigarh, Chandigarh-160014

PMBJK20526 - Sanjeev Kumar, Vill Chahar Near Civil Hospital Tauni Devi, Himachal Pradesh-177023

PMBJK20529 - Sasmita Das, At- Lenkasahi, PO- Mainda, PS-Binjharpur, Mouza Badapal, Khata No. 451, Plot No.1880, Odisha-755027

PMBJK20544 - Mancel T Lyngdoh, Pynursla CHC, Pynursla, East Khasi Hills, Meghalaya, Meghalaya-793110

PMBJK20550 - Lucky Dutta Dhar, Jalalpur, Kushiarkul, Hospital Road, P.O Jalalpur, Assam-788816

PMBJK20573 - Rajesh Kumar Patel, Kh No. 58/2, 1/412/2, Ward No. 40, Shop No. 03, Agharia Sadan, Kotra Road, Chhattisgarh-496001

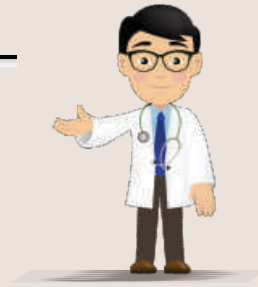
PMBJK20579 - Nuzhat Nazir, Near Traglum Tral Opposite Bz Building Tral, Jammu & Kashmir-192123

PMBJK20583 - Pushpa Rani, Burra Gujar Road, Sri muksar Sahib, Punjab-152026

PMBJK20589 - R Nanda Kumar, No. 1, Ground Floor, East Facing, R.J.R. Nagar First Street, Nerkundram, Maduravoyal Taluk, Tamil Nadu-600107

PMBJK20590 - Patel Bhaveshkumar Ashokbhai, G-41, Bhavya Square, Ground Floor, Gujarat-382715

PMBJK20612 - NIRAJ, Shop No 1, B M Patil Building Main Road Sedam, Near Railway Station, Sedam, Karnataka-585222



# DIABETES

Types, Causes, Symptoms & Prevention

Understanding diabetes doesn't have to be complicated. At its core, diabetes is a condition where your body has trouble managing blood sugar (glucose), which is the main source of energy for your cells

## What is Diabetes?

Diabetes is a condition in which the blood sugar level becomes higher than normal. Our body needs insulin to use sugar for energy. When insulin is not made properly or does not work well, sugar remains in the blood and causes diabetes.

## Types of Diabetes

### 1. Type 1 Diabetes

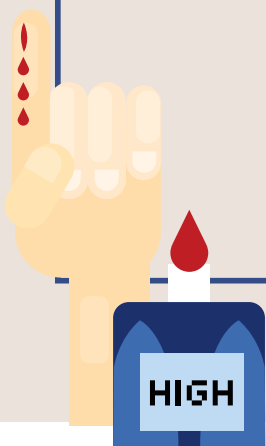
In this type, the body's immune system attacks the insulin-producing cells in the pancreas. As a result, the body cannot produce insulin. It usually develops in children or young adults and requires lifelong insulin injections to control blood sugar levels. Common symptoms of type diabetes in children include

- having to urinate more often
- eating more but losing weight
- feeling very thirsty

### 2. Type 2 Diabetes

This is the most common type of diabetes. In this condition, the body either does not make enough insulin or does not use insulin properly. It mainly occurs due to unhealthy lifestyle habits, excess weight, and lack of exercise. Sometimes, people find out they have type 1 diabetes when they have signs and symptoms of a condition called diabetic ketoacidosis (DKA). Symptoms of DKA may include

- feeling very tired
- having trouble breathing
- having fruity-smelling breath
- fainting from dehydration
- having pain in your abdomen, nausea, or vomiting



### 3. Gestational Diabetes

This type of diabetes occurs during pregnancy due to hormonal changes. It usually disappears after childbirth but increases the mother's risk of developing Type 2 diabetes later in life. Proper diet and regular checkups help control it.

## Causes of Diabetes

### Family History

People with diabetic parents or siblings have a higher risk.

### Unhealthy Eating Habits

Excess intake of sugar, refined carbohydrates, and junk food increases blood sugar levels.

### Physical Inactivity

Lack of regular exercise makes the body less sensitive to insulin.

### Overweight or Obesity

Extra body fat, especially around the abdomen, increases insulin resistance.

### Stress and Hormonal Changes

Long-term stress and hormonal imbalance can affect blood sugar control.

### Pregnancy

Some women develop diabetes due to hormonal changes during pregnancy.





### Healthy Diet

Eat more fruits, vegetables, whole grains, and less sugar and fried foods.



### Regular Exercise

Walking, yoga, or any physical activity for at least 30 minutes daily helps control blood sugar.



### Maintain Healthy Weight

Losing even a small amount of weight reduces diabetes risk.



### Stress Management

Practice meditation, deep breathing, or hobbies to reduce stress.



### Regular Health Checkups

Early detection helps prevent complications.



### Adequate Sleep

Proper sleep helps maintain hormonal balance and blood sugar control.





Fill in the puzzle below based on what you have read about **Diabetes** on the previous page.

## 02. Multiple choice question

Gestational diabetes mainly affects:

- a) Children
- b) Elderly
- c) Pregnant women
- d) Teenagers

## 01. Fill in the blank

\_\_\_\_\_ helps the body use glucose for energy.

## 04. True or False

Blurred vision can be a symptom of diabetes.

True ☐ False ☐

## 03. Multiple choice question

One major symptom of diabetes is:

- a) Fever
- b) Hair fall
- c) Frequent urination
- d) Cough

## 04. True or False

Diabetes cannot be managed once diagnosed.

True ☐ False ☐

